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My Everyday Image
By Personal Assistant To You, LLC

Looking good is not a matter of size or age--It's a matter of confidence that comes from self-awareness followed by the ever important self-acceptance.

MARY KAY
Enriching Women's Lives™

Brought to you by
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Wardrobe Essentials - Black Pants

Wardrobe Essentials are the three most important pieces in your wardrobe: [white shirt](#), black pants and dark skirt.

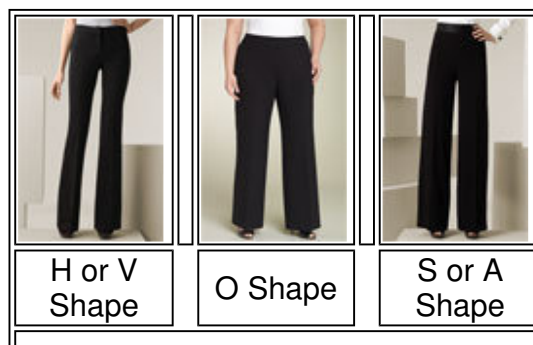
Today we are going to focus on black pants. First of all, do they really need to be black? A great pair of black pants can be dressed up more than a pair of navy or gray pants. So, this is one area we would recommend to stay with black.

Dark pants elongate the leg, causing most women to look thinner. But make sure the length covers your ankles (the hem should fall 1/2 to 1 inch above the ground). A rule of thumb: your ankles should not show when you are walking. If the material is extremely soft and has a lot of movement, make sure the hem is longer and your heels higher. Heavy fabric doesn't move as much so these can be worn with heels or flats.

Matching your shoes to the color of the pant extends the leg line even further. The best shoe is one that is somewhat pointy. "Somewhat" is the key word here. They do not have to be uncomfortable, but a squared off toe or rounded toe will only make the leg look shorter.



What about material? The best material would be a wool blend/polyester blend as it creates a beautiful line. While this might be a bit too warm on an extremely hot and humid day, most wool blends are plenty comfortable in warm weather because wool is a natural fabric and breathes. Yes, these will probably need to be dry cleaned, but a wool blend airs out well and wrinkles can easily be steamed away allowing multiple wearings before cleaning is necessary.



Not sure which shape you are? Check out [Body Awareness](#) on the [My Everyday Image Blog](#) for more information.

How wide should the pant leg be? Notice that the A, O and S shape pants fall completely straight. This minimizes the width of a full hip. The A, O and S shaped woman should not wear pants that taper at the ankle, as it will only emphasize the size of their hips.

The H and V shape pant sits closer to the body (but not tight), giving the illusion of feminine curves. The waist sits a bit lower to give the wider waist some breathing room. It is important that the V and H shapes not wear pants that bag at the hip or rear area.

Finding a black pair of pants that fits properly over hips and rear end is a challenge, but it is worth the work for a great image and a flexible wardrobe!

*No one beauty answer works for everyone. Accept yourself
for who you are, flaws and assets. Learn how to
project the image you want and be
Fun & Fabulous Forever!*